

Your Ft. Wainwright American Red Cross Upcoming Events and Information

First Aid/ CPR/ AED Instructor Training

September 19th - 22nd, from **0900-1800**. The **cost is free** to those willing to sign a contract stating they will teach 4 classes in one year. Without the contract, (or breach of contract) there is a \$350 fee. There are other classes scheduled from October to December. Those wishing to sign up, please contact the Ft. Wainwright Red Cross Station @ 353-7234 for details.

Fast and Fun Topic Classes from the Red Cross Chapter in Fairbanks

Bring your lunch and come join us for fast, fun classes!!

Module class topics: [Ergonomics](#) [Workplace Violence Awareness](#)

[Back Injury Prevention](#) [Slips, Trips and Falls](#) [Managing Stress](#)
[Your Heart Matters](#)

Certificates will be issued at the end of class. Subject topics will rotate each time, so be sure to call ahead for information.

Location: [Tanana Valley Chapter of the Red Cross](#)
[-626 Second Street, Fairbanks -](#)

Cost: [\\$10 per person and bring your own lunch](#)

Dates: [Every Thursday starting September 1, from 1200-1300.](#)

[Please contact Pam Rothwell, 456-5937, for information and enrollment](#)

HURRICANE VOLUNTEERS

Volunteer your time to assist with the Hurricane victims. The American Red Cross will provide free roundtrip airfare, and pay your daily food bill. Training is required, but can be obtained through the Red Cross Station on Ft. Wainwright or the Red Cross Chapter in Fairbanks. Please call us at 353-7234 to volunteer.

Layette Program

-Provides a free layette from Spencer Layettes, for newborns. Please contact us if you are pregnant, or have just had a baby, so we can get you signed up.

Volunteers Needed

Your Ft. Wainwright American Red Cross would appreciate anyone who would like to volunteer. There are various positions available.

Anyone interested in helping victims of disasters locally—house fires, floods, earthquakes, etc. We will be forming a Disaster Action Team on Ft. Wainwright. We provide all of the disaster training needed.

Armed Forces Emergency Services Caseworkers needed. Case workers are the link between the families and their Soldiers.

Special Project Coordinators for upcoming events also needed.

Ft. Wainwright Red Cross Station Manager

Margie Achman is the new Station Manager at your Ft. Wainwright American Red Cross. She is very excited to bring new programs to us on Ft. Wainwright. Babysitter Training and Health and Safety training/programs are just two examples of the things she would like to get started here. If you have any programs/training you'd like Red Cross to begin on Post, please contact her. You can stop by for coffee, 1024 Apple Street, near the Last Frontier Club, give us a ring at 353-7234, or send Margie an e-mail at margie.achman@wainwright.army.mil

Thank you,

Jackie Gardner
Lead Casework Volunteer